

Occupational Health Screening Form

Section 1: Employee Information

Full Name: _____

Employee ID: _____

Date of Birth: _____

Job Title: _____

Department: _____

Contact Number: _____

Email: _____

Section 2: Medical History

1. Do you have any pre-existing medical conditions? (e.g., asthma, diabetes, heart disease)

- Yes - No

- If Yes, please specify: _____

2. Have you had any serious illnesses or hospitalizations in the last 5 years?

- Yes - No

- If Yes, please provide details: _____

3. Do you have any allergies (medications, food, environmental)?

- Yes - No

- If Yes, list allergens: _____

4. Are you currently taking any medications?

- Yes - No

- If Yes, please list: _____

5. Have you ever experienced any work-related illnesses or injuries?

- Yes - No

- If Yes, describe: _____

Section 3: Occupational Exposure

6. Have you been exposed to any of the following in your job? (Check all that apply)

- Noise - Chemicals - Dust/Fumes - Radiation

- Extreme Temperatures - Heavy Lifting - Infectious Materials

- Others (please specify): _____

7. Do you use personal protective equipment (PPE) regularly at work?

- Yes - No

- If Yes, specify the type of PPE used: _____

Section 4: Physical and Mental Health Assessment

8. Do you experience any of the following symptoms? (Check all that apply)

- Frequent headaches - Shortness of breath - Dizziness or fainting

- Chronic pain - Stress or anxiety - Depression

- Vision or hearing issues - Other (please specify): _____

Section 5: Health and Wellness Assessment

9. How often do you exercise?

- Never - Occasionally - Regularly

10. Do you smoke or use tobacco products?

- Yes - No

11. Do you consume alcohol?

- Never - Occasionally - Regularly

12. Do you follow a balanced diet?

- Yes - No

Section 6: Declaration & Signature

I confirm that the information provided above is accurate to the best of my knowledge.

I understand that this form is used for occupational health assessment purposes and may be reviewed by authorized personnel.

Signature: _____

Date: _____